

CURRICULUM VITAE

JOHN R. SHANK, M.D. **Colorado Center of Orthopaedic Excellence**

Name John R. Shank, M.D.

Address Colorado Center of Orthopaedic Excellence
9475 Briar Village Point Ste 325
Colorado Springs, Colorado 80920
Office: (719) 623-1050
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EDUCATION

1990-1994 **Xavier University,**
Cincinnati, Ohio
Bachelor of Science, Natural Science, *summa cum laude*

1994-1998 **University of Cincinnati College of Medicine,**
M.D. with honors

1998-2003 **University of Colorado Health Sciences Center**
Residency in Orthopaedic Surgery
Denver, Colorado

2003-2004 **Foot and Ankle Fellowship**
Harborview Medical Center
Seattle, Washington

2004 **Sports Medicine Fellowship**
Steadman-Hawkins Clinic of the Carolinas
Spartanburg, South Carolina

HONORS

Undergraduate **Deans Honor List** 1990-1994. **Xavier Trustees Scholarship,** 1990-1994. **The Outstanding Freshman Biology Student Award,** 1990-1991. **The Senior Biology Award,** 1994. Appointment to **Mortar Board,** 1994. **Summa Cum Laude,** 1990-1994. **Valedictorian Candidate,** 1994.

Medical School **Medical Student Research Award,** University of Cincinnati, 1995.

Residency Awarded University of Colorado Health Sciences **Outstanding Surgical Intern of the Year,** 1998-1999.

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EMPLOYMENT

- 1993-1994 **Biomedical Research Internship**
Michael T. Shipley, Ph.D., University of Cincinnati Department of Anatomy and Cell Biology. Conducted tracer studies in a rat model exploring the region of propagation of organophosphate-induced seizure activity.
- 1995 **Medical Student Research Program**
W. Brian Gibler, M.D., University of Cincinnati, Department of Emergency Medicine. Evaluated a protocol for identifying patients at risk for acute myocardial infarction.
- 1997 **Research Assistant**
Frank R. Noyes, M.D., Cincinnati Sportsmedicine and Orthopaedic Center. Analyzed the role of a knee brace on the gait biomechanics of female athletes with patellofemoral pain disorders and determination of Q- angle by MRI for extensor mechanism realignment.
- 1998-2003 **University of Colorado Department of Orthopaedic Surgery**
Resident in Orthopaedic Surgery.
- 2003-2004 **Harborview Medical Center**
Fellow in Surgery of the Foot and Ankle
- 2004 **Steadman-Hawkins Clinic**
Fellow in Knee and Shoulder Arthroscopy
- 2005-2006 **Orthopaedic Surgery Private Practice**
AP&S Bone and Joint Center Indiana
- 2006-Present **Orthopaedic Surgery Private Practice**
Colorado Springs, Colorado and
Steadman Hawkins Clinic Denver

SERVICE

- 1990-1994 **Xavier University Pre-Medical Society**
- 1993-1994 **D'Artagnan Senior Service Society**
- 1995 **Freshman Orientation Committee**, Xavier University
- 1996 **Gross Anatomy Tutor**, University of Cincinnati College of Medicine
- 1998-2003 **Colorado House Staff Organization**
- 1999, 2002 **Assistant Team Physician**, Denver Public Schools
- 1999-2000 **Orthopaedic Residency Admissions Committee**

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2001	Disabled Veterans Ski Week, Volunteer Physician, Snowmass, Colorado
2004-2005	Assistant Team Physician, University of South Carolina Upstate
2005-2006	Team Physician, Rose-Hulman Institute of Technology
2006-2007	Team Physician, Colorado Sky Sox
2006-present	Orthopaedic Physician, Olympic Training Center, Colorado Springs
2006-present	Volunteer Teaching Faculty, Department of Orthopaedic Surgery, University of Colorado
2007-present	Team Physician. Colorado College
2008-present	Team Physician Consultant. Denver Broncos
2008-present	Team Physician Consultant. Colorado Rockies

PROFESSIONAL ASSOCIATIONS

1995-1998	Ohio State Medical Association
1995-1998	Cincinnati Academy of Medicine
1995-present	American Medical Association
1998-present	Colorado Medical Society
2004-present	American Foot and Ankle Society
2003-present	AOFAST
2003-present	AAOS
2006-present	El Paso Medical Society
2007	Board Certification, American Board of Orthopaedic Surgery

PUBLICATIONS

Smith WR, **Shank JR.** Tibial Plateau Fractures: Minimally Invasive Fracture Techniques. *Techniques in Orthopaedics.* July 2001.

Shank JR, Kolpak SD, Morgan SJ, Janik J, Smith WR, Biffel WL, Kaye R. Delayed Arterial Bleed Following Pelvic Ring Injury Resulting in Vaginal Wall Laceration: A Case Report. *J Trauma.* October 2001.

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Shank JR, Morgan SJ, Smith WR, Meyer FN. Bilateral Peroneal Nerve Palsy Following Emergent Stabilization of a Pelvic Ring Injury: A Case Report. *J Orthop Trauma*. January 2003.

Smith WR, **Shank JR**. Musculoskeletal Trauma Surgery. In Current Diagnosis and Treatment in Orthopedics, 3rd ed. 2003

Smith WR, **Shank JR**. Surgical Treatment of Osteomyelitis. *Techniques in Orthopaedics*. 2003.

Swords MP, **Shank JR**, Hansen ST, Sangeorzan BJ. Fusion of the Primary and Accessory Navicular Bones: a Modification of the Kidner Procedure. *Techniques in Orthopaedics*, 2004.

Smith WR, **Shank JR**. Musculoskeletal Trauma Surgery. In Current Diagnosis and Treatment in Orthopedics, 4th ed. 2005.

Sandoval JJ, **Shank JR**, Morgan SJ, Agudelo JF, Price CS. Midfoot Coccidiodal Osteomyelitis: A Case Report and Review of the Literature. *JBJS*. April 2006.

Moore JA, **Shank JR**, Morgan SJ, Smith WR. Syndesmotic Fixation: A comparison of three vs. four cortices of screw fixation without hardware removal. *Foot and Ankle Int*. August 2006.

PRESENTATIONS

Shank JR, Gibler WB. The Heart ER: A Protocol for Identifying Patients at Risk for Acute Myocardial Ischemia. Poster Presentation at the University of Cincinnati College of Medicine Research Forum, November 1995.

Kolpak SD, **Shank JR**, Janik J, Morgan SJ, Biffi WL, Kaye R. Spontaneous Vaginal Laceration Secondary to Delayed Pudendal Vessel Hemorrhage. Colorado Chapter of the American College of Surgeons annual meeting, Breckenridge, Colorado, June 2000.

Shank JR, Georgopoulos G. A Retrospective review of cervical spine injuries in children: Is Current Protocol Effective? Children's Orthopaedic Day, Denver, Colorado, April 2002.

Shank JR, Georgopoulos G. A Retrospective review of cervical spine injuries in children: Is Current Protocol Effective? Packard Lecture Series, Denver, Colorado, May 2002.

Shank JR, Morgan SJ, Smith WR, Moore J. The Syndesmotic Disruption: Is Syndesmotic Screw Removal Necessary? A Preliminary Report. Western Orthopaedic Association 66th Annual Meeting, Maui, Hawaii, August 2002.

Shank JR, Morgan SJ, Smith WR, Moore J. The Syndesmotic Disruption: Ending the Controversy Poster Presentation at the American Academy of Orthopaedic Surgeons 70th Annual Meeting, New Orleans, Louisiana, February 2003.

Shank JR, Morgan SJ, Smith WR, Moore J. The Syndesmotic Disruption: Ending the Controversy. Poster Presentation at the Orthopaedic Trauma Association 19th Annual Meeting, Salt Lake City, Utah, October 2003.

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Shank JR, Swords MP, Benirschke SK, Kramer PK. Late Treatment of Os Calcis Fractures. AOFAS 20th Annual Summer Meeting, Seattle, Washington, July 2004. Mann Award Paper Candidate

Swords MP, **Shank JR**, Sangeorzan BJ, Benirschke SK. Prognostic Value of CT Classification Systems for Intra-articular Calcaneus Fractures. AOFAS 20th Annual Summer Meeting, Seattle, Washington, July 2004. Mann Award Paper Candidate

Moore J, **Shank JR**, Morgan SJ, Smith WR. The Syndesmotic Disruption: Ending the Controversy AOFAS 20th Annual Summer Meeting, Seattle, Washington, July 2004. Mann Award Paper Candidate.

Swords MP, **Shank JR**, Sangeorzan BJ, Benirschke SK. Prognostic Value of CT Classification Systems for Intra-articular Calcaneus Fractures. Poster Presentation at the Orthopaedic Trauma Association 20th Annual Meeting, Ft. Lauderdale, Florida, October 2004

Shank JR, Swords MP, Benirschke SK, Kramer PK. Late Treatment of Os Calcis Fractures. Orthopaedic Trauma Association 20th Annual Meeting, Ft. Lauderdale, Florida, October 2004

Shank JR, Swords MP, Benirschke SK, Kramer PK. Late Treatment of Os Calcis Fractures. American Academy of Orthopaedic Surgeons 72nd Annual Meeting, Washington, DC, February 2005

Swords MP, Benirschke SK, **Shank JR**, Greisberg JK. Posteromedial Talar Body Fractures: Surgical Technique and Outcome in 10 Patients. Orthopaedic Trauma Association 21st Annual Meeting. Ottawa, Ontario, Canada, October 2005.

Shank JR. Pilon, Talus and Calcaneus Fractures: Current Diagnosis and Treatment. American Society of Operating Room Nurses. Terre Haute, Indiana, March 2006.

Shank JR, Torry M, Decker MJ, Kissenberth M, Singleton S, Hawkins R, Torry M. A Comparison of Supination and Elbow Flexion Strength in Patients With Either Proximal Biceps Release or Biceps Tenodesis. Arthroscopy Association of North America 25th Annual Meeting. Hollywood, Florida, May 2006.

Shank JR, Torry M, Decker MJ, Kissenberth M, Singleton S, Hawkins R, Torry M. A Comparison of Supination and Elbow Flexion Strength in Patients With Either Proximal Biceps Release or Biceps Tenodesis. Poster Presentation American Orthopaedic Society for Sports Medicine, Hershey, Pennsylvania, July 2006.

Shank JR. Athletic Injuries of the Foot and Ankle. Medical Education and Research Institute of Colorado / 2006 Rocky Mountain State Games Research Symposium. Colorado Springs, Colorado, August 2006.

Shank JR. Total Ankle Arthroplasty and Surgical Alternatives for the Arthritic Ankle. Swedish Medical Center Grand Rounds, Denver, Colorado, October 2006.

Shank JR. Common Disorders of the Foot and Ankle. Medical Education and Research Institute Of Colorado Primary Care Conference. Colorado Springs, Colorado, November 2006.

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Shank JR. Treatment Options for the Arthritic Ankle. Orthopaedic Grand Rounds, University of Colorado Department of Orthopaedic Surgery. Denver, Colorado, October 2007.

Shank JR. Tendon and Ligamentous Injuries of the Foot & Ankle. University of Colorado Department of Orthopaedic Surgery. Denver, Colorado, March 2008.

Shank JR. Guest Lecturer. Aspen Sports Medicine/Foot & Ankle Symposium. Aspen, Colorado. October 2008

CURRENT CLINICAL RESEARCH PROJECTS

Shank JR, Swords MP, Benirschke SK, Kramer PA. Is Late Treatment of Calcaneus Fractures Effective? Preparing for Publication.

Swords MP, **Shank JR,** Sangeorzan BJ, Benirschke SK. Prognostic Value of CT Classification Systems for Intra-articular Calcaneus Fractures. Preparing for Publication.

Swords MP, **Shank JR,** Benirschke SK, Kramer PA. Posteromedial Talar Body Fractures: Surgical Technique and Outcome. Prepared for Publication.

Shank JR, Kissenberth M, Singleton S, Hawkins R, Torry M. A Comparison of Supination and Elbow Flexion Strength in Patients With Either Proximal Biceps Release or Biceps Tenodesis Preparing for Publication.

PERSONAL

John R. Shank DOB 6/11/72
Hometown: Cincinnati, Ohio
Colorado Springs, Colorado

CONTINUING EDUCATION

1999	AO Basic Course, Tulsa Oklahoma
2000	AAOS Comprehensive Foot and Ankle Course, Phoenix, Arizona
2002	Advanced Trauma Course, Sun Valley, Idaho
2002	Western Orthopaedic Association 66th Annual Meeting Maui, Hawaii
2003	American Academy of Orthopaedic Surgeons 70th Annual Meeting New Orleans, Louisiana

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- 2003 **Depuy Shoulder Course,**
Seattle, Washington
- 2004 **3rd International Advanced/Comprehensive Foot and Ankle
Reconstruction Course**
Fajardo, Puerto Rico
- 2004 **Master Techniques in Foot & Ankle Trauma**
Seattle, Washington
- 2004 **20th Annual Summer Meeting of the American Orthopaedic Foot &
Ankle Society,**
Seattle, Washington
- 2005 **American Academy of Orthopaedic Surgeons 72rd Annual Meeting**
Chicago, Illinois
- 2006 **Harborview Alumni Scientific Symposium**
Seattle, Washington
- 2006 **Techniques in Hip Arthroscopy**
Vail, Colorado
- 2007 **Synthes Ringed Fixator Course**
Englewood, Colorado
- 2008 **Depuy Foot & Ankle Solutions Course**
Phoenix, Arizona
- 2008 **Depuy Trauma Solutions Course**
Seattle, Washington
- 2008 **AAOS 75th Annual Meeting**
San Francisco, California
- 2008 **Western Orthopaedic Association 75th Annual Meeting**
Maui, Hawaii
- 2008 **AOFAS Annual Meeting**
Denver, Colorado
- 2008 **OTA Annual Meeting**
Denver, Colorado
- 2008 **Depuy Mobility Total Ankle Training**
Baltimore, Maryland
- 2008 **Davos Masters Foot & Ankle Course**
Davos, Switzerland

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- 2009 **AAOS 76th Annual Meeting**
Las Vegas, Nevada
- 2009 **Arthrex Advanced Ankle Arthroscopy**
Naples, Florida

HOBBIES

Snow skiing, biking, fishing, golfing and cooking.