

# CURRICULUM VITAE

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## DAVID WEINSTEIN, M.D. Colorado Center of Orthopaedic Excellence

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**Name** David M. Weinstein

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Colorado Springs, Colorado 80920  
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### EDUCATION

1983 B.S. Engineering Physics, Minor Mathematics  
Colorado State University

1987 M.D. University of Colorado School of Medicine

1987-1988 Intern, Department of Surgery  
University of Colorado

1988-1992 Resident, Department of Orthopaedics  
University of Colorado

1992-1993 Fellow, Shoulder and Elbow Reconstruction  
Columbia-New York Orthopaedic Hospital  
New York, New York

### ACADEMIC APPOINTMENTS

1994-present Clinical Associate Professor, University of Colorado Department of  
Orthopedic Surgery

### AWARDS AND HONORS

1983 Elected to Phi Beta Kappa

1983 Elected to Pi Sigma Pi (Honors Physics Society)

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- 1985 Pediatric Oncology Fellowship Grant National Cancer Institute 1987 Elected to Alpha Omega Alpha
- 1987 Elected to Alpha Omega Alpha
- 1987 Graduation with Honors, University of Colorado School of Medicine
- 1990 Outstanding Paper Barnard Lectureship Resident Research Competition: "Evaluation of MRI in the Diagnosis of Osteomyelitis in Diabetic Foot Infections"
- 1991 Vernon P Thompson Award for Outstanding Research Western Orthopaedic Association
- 1992 Outstanding Paper Barnard Lectureship Resident Competition: Biomechanical Comparison of Tension Band Wiring Versus Plate Fixation in Three-Part Fractures of the Proximal Humerus
- 1993 AOA-Zimmer Annual Travel Award Competition for Orthopaedic Fellows. Alternate
- 1994 Charles S. Neer Award for Outstanding Shoulder Research Shoulder and Elbow Surgeons Annual Meeting New Orleans, Louisiana
- 2006 Richard O'Connor Research Award (co-author), Arthroscopy Association of North America: Pain Management Following Arthroscopic Subacromial Decompression and Rotator Cuff Repair: Interscalene Regional Blockade Versus Infusion Pump - A Prospective Randomized Study
- 2006 Recipient of the 1<sup>st</sup> Annual Alumnus of the Year Award, University of Colorado Department of Orthopedic Surgery
- 2007 Best Poster in Sports Medicine/Arthroscopy (co-author), American Academy of Orthopedic Surgeons: Pain Management Following Shoulder Arthroscopy: Interscalene Regional Blockade Versus Infusion Pump

## PROFESSIONAL ORGANIZATIONS

- 1995- present American Academy of Orthopedic Surgeons
- 2009- present American Society of Shoulder and Elbow Surgeons

## TEAM PHYSICIAN

- 1994- present Orthopaedic Consultant, United States Olympic Training Center, Colorado Springs

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	USA National Women's Senior Basketball Team Medical Staff
	USA Wrestling Medical Staff
	Colorado Springs Sky Sox Triple A Baseball Club Medical Staff
1999	Pan American Games United States Medical Staff
2000	Sydney Olympic Games United States Medical Staff
2002	Salt Lake City Olympic Games United States Medical Staff
2003	Pan American Games United States Team Head Physician
2004	Athens Olympic Games United States Team Head Physician

## LICENSE

1987- present	State of Colorado
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## CERTIFICATION

1995	Board Certified, American Board of Orthopaedic Surgery Diplomat, National Board of Medical Examiners
2004	Board Recertification, American Board of Orthopaedic Surgery Diplomat, National Board of Medical Examiners

## LECTURES AND WORKSHOP

1. Faculty, Olympic Sports Medicine Lecture Series, Beijing, China. June 2008.
2. Chairman, Anatomic and Reverse Shoulder Arthroplasty Cadaveric Learning Center, Colorado Springs, CO. August 2007
3. Faculty, Advances in Shoulder Arthroplasty, Las Vegas, NV. October
4. Faculty, Western Orthopaedic Association, 70<sup>th</sup> Annual Meeting, Symposium on Reverse Shoulder Arthroplasty, Santa Fe, NM. October 2006.
5. Chairman, Sports Medicine Fellows Advanced Shoulder and Knee Arthroscopy Course, Colorado Springs, CO. February 2006.
6. Chairman, Advanced Shoulder Arthroplasty Course, Colorado Springs, CO. January 2006.
7. Faculty, Reverse Shoulder Arthroplasty Course, Memphis, TN. August 2005.

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8. Chairman, Rotator Cuff Arthropathy Cadaver Course, Colorado Springs, CO. June 2005.
9. Faculty, Knee and Shoulder Arthroscopy Update, Los Angeles, CA. April 2005
10. Chairman, Knee and Shoulder Arthroscopy Update, Colorado Springs, CO. January 2005.
11. Chairman, Rotator Arthropathy Cadaver Course, Colorado Springs, CO. November 2004.
12. Chairman, Rotator Arthropathy Cadaver Course, Colorado Springs, CO. October 2004.
13. Faculty, Emerging Trends- Whistler Orthopedic Symposium, Whistler, B.C. February 2004
14. Chairman, Knee and Shoulder Arthroscopy Update, Colorado Springs, Colorado. September 2003.
15. Faculty, Global Knee and Shoulder Arthroscopy Symposium, Chicago, Illinois, January 2002.
16. Faculty, Vail Musculoskeletal Trauma Update, Vail, Colorado. January 2001.
17. Faculty, Lake Tahoe 5th Annual Knee & Shoulder Update. Lake Tahoe, Nevada. December 2000.
18. Faculty, Vail Musculoskeletal Trauma Update, Vail, Colorado, January 2000.
19. Faculty, Lake Tahoe 4 Annual Knee & Shoulder Update. Lake Tahoe, Nevada. December 1999.
20. Chairman, Primary Care Musculoskeletal Update, Colorado Springs, Colorado. November 1997.
21. Faculty, AO Trauma Course. Georgetown University. Washington DC. June 1998.
22. Faculty, Trauma Lecture Series. Basel, Switzerland. August 1993.
23. Faculty, Fifth Annual Colorado Trauma Symposium. Denver, Colorado. June 1993.
24. Faculty, Columbia-Presbyterian Medical Center Department of Physical Therapy Course "Current Concepts in Shoulder Rehabilitation" New York. October 1992.
25. Lab Instructor, AAOS Summer Institute. Seattle, Washington. September 1992.
26. Faculty, Fourth Annual Colorado Trauma Symposium. Denver, Colorado. June 1992.

### PRESENTATIONS

1. **Weinstein, D;** Busey, T; Buckler, M; Balthrop, P; Ciccone, W; Elias, J. Elbow Function Following Repair of the Distal Biceps Brachii Tendon. American Academy of Orthopaedic Surgeons, San Francisco, CA, March, 2008.

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2. **Weinstein, D;** Rai, S; Ciccone, W; Elias, J. Influence of Spacing Between Bioabsorbable Suture Anchors on Pull-out Strength. 71<sup>st</sup> Annual Meeting of the Western Orthopaedic Association. San Diego, CA, July, 2007.
3. **Weinstein, D;** Busey, T; Ciccone, W; Elias, J. Glenohumeral Chondrolysis Following Shoulder Arthroscopy: A Case Series. 71<sup>st</sup> Annual Meeting of Western Orthopaedic Association. San Diego, CA, July, 2007.
4. **Weinstein, D;** Busey, T; Buckler, M; Balthrop, P; Ciccone, W; Elias, J. Elbow Function Following Repair of the Distal Biceps Brachii Tendon. 71<sup>st</sup> Annual Meeting of the Western Orthopaedic Association. San Diego, CA, July, 2007.
5. Ciccone, W; Busey, T; **Weinstein, D;** Walden, D; Gentner, A; Elias, J. Pain Management Following Shoulder Arthroscopy. Interscalene Regional Blockade Versus Infusion Pump. American Academy of Orthopaedic Surgeons, San Diego, California, February, 2007.
6. Ciccone, W; Busey, T; Walden, D; Elias, J; **Weinstein, D.** Pain Management Following Arthroscopic Subacromial Decompression and Rotator Cuff Repair: Interscalene Regional Blockade versus Infusion Pump: A prospective randomized study. Arthroscopy Association North America, Hollywood, Florida, May 2006.
7. Waiter, J; Buss, D; Freehill, M; Hattrup, S; **Weinstein, D;** Flatow, E; Bigliani, L; Blaine, T. A Prospective Multi-Center Study of Total Shoulder Replacement for Glenohumeral Osteoarthritis. American Academy of Orthopaedic Surgeons, Chicago, Illinois, March, 2006.
8. Elias, J; Ciccone II, W; Bratton, D; **Weinstein, D.** Tension and Stiffness of Hamstring Tendon Grafts Decrease Post-Operatively. Orthopaedic Research Society, Chicago, Illinois, March, 2006.
9. Clendenen, S; Rajendran, R; Elias, J; **Weinstein, D.** Interscalene Brachial Plexus Block with Sparing of the Phrenic Nerve by Interscalene Catheter. American Society of Regional Anesthesia. Toronto, Canada, April 2005.
10. **Weinstein, D;** Bratton, D; Ciccone, W; Elias, J. Locking Plates Improve Torsional Resistance of Reconstructed Three-Part Proximal Humerus Fractures. American Academy of Orthopaedic Surgeons, Washington, D.C., February 2005.
11. **Weinstein, D;** Walden, D; Buckler, M; Lewis D; O'Brien, T. Outcome Analysis of the Surgical Treatment of Distal Biceps Tendon Ruptures. American Academy of Orthopaedic Surgeons, New Orleans, Louisiana, March 1998.
12. **Weinstein, D;** Walden, D. Arthroscopic Management of Resistant Frozen Shoulder. Western Orthopaedic Association Meeting, Honolulu, Hawaii, August 1996.
13. **Weinstein, D;** McCann, P; Flatow, E; Bigliani, L. Surgical Treatment of Complete AC Separation. Fifth International Shoulder and Elbow Society Meeting, Helsinki, Finland, June 1995.

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14. Bigliani, L; Flatow, E; **Weinstein, D**; Duraide, X; Compito, C. Coracoacromial Ligament Preservation in Rotator Cuff Surgery: A Preliminary Report. American Orthopaedic Association, Sun Valley, Idaho, June 1994.
15. Bigliani, L; Meyer, C; **Weinstein, D**; Compito, C; Pollock, R. The Results of Subacromial Arthroscopic Procedures in the Overhead Athlete. American Orthopaedic Association, Sun Valley, Idaho, 1994.
16. **Weinstein, D**; Pollock, R; Radowsky, M; Flatow, E; Bigliani, L. Surgical Treatment of Loose Glenoid Components After Total Shoulder Replacement. American Shoulder and Elbow Surgeons Annual Meeting, New Orleans, Louisiana. March 1994.
17. Pollock, R; **Weinstein, D**; Higgs, G; Self, E; Flatow, E; Bigliani, L; Total Shoulder Replacement for the Treatment of Primary Osteoarthritis. American Shoulder and Elbow Surgeons Annual Meeting, New Orleans, Louisiana, March 1994.
18. Mow, C; Weidel, J; **Weinstein, D**. Noncemented Humeral Components in Total Shoulder Arthroplasty. American Academy of Orthopaedic Surgeons, New Orleans, Louisiana, March 1994.
19. **Weinstein, D**; Buccheri, J; Pollock, R; Flatow, E; Bigliani, L. Arthroscopic Debridement of the Shoulder for Osteoarthritis. Arthroscopy Association of North America, Palm Desert, California. April 1993.
20. Glasgow, M; **Weinstein, D**; Flatow, E; Bigliani, L. Glenohumeral Arthroplasty for Arthritis After Instability Surgery. American Shoulder and Elbow Surgeons Annual Meeting, San Francisco, California, February 1993.
21. **Weinstein, D**; Gomez, M; Hawkins, R; Biomechanical Comparison of Tension Band Wiring versus Plate Fixation in Three-Part Fractures of the Proximal Humerus. Orthopaedic Trauma Association, Minneapolis, Minnesota, October 1992.
22. **Weinstein, D**; Motz, A; Alongi, C. Evaluation and Treatment of Luxatio Erecta. Orthopaedic Trauma Association, Minneapolis, Minnesota. October 1992.
23. Motz, A; **Weinstein, D**; Chambers, R. MRI and Diabetic Foot Infections. American Orthopaedic Association Residents' Conference. Ann Arbor, Michigan, March 1992.
24. **Weinstein, D**; Aaron A; Thickman, D; Eilert, R; Alongi, C; Gomez, M. Comparison of Orthoroentgenograms and Computed Tomography in the Assessment of Limb Length. American Academy of Orthopaedic Surgeons, Washington DC, February 1992.
25. **Weinstein, D**; Wang, A; Chambers R; Steward, C. Evaluation of Magnetic Resonance Imaging in the Diagnosis of Osteomyelitis in Diabetic Foot Infections. Western Orthopaedic Association, Tucson, Arizona. October 1991.
26. **Weinstein, D**; Wang, A; Chambers, R; Steward, C. Evaluation of Magnetic Resonance Imaging in the Diagnosis of Osteomyelitis in Diabetic Foot Infections American Orthopaedic Foot and Ankle Society, Boston, Massachusetts. July 1991.

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27. Garland, D; Hu, W; Liotta, F; **Weinstein, D**; Steward, C; Adkins, R. The Occurrence of Osteoporosis in Acute Spinal Cord Injury. American Academy of Orthopaedic Surgeons, Anaheim, California. March 1991.
28. Garland, D; **Weinstein, D**; Stewart, C; Adkins, R; Hu, S. Comparison of Bone Mineral Content in Normal and Chronic Spinal Cord Injured Patients. American Orthopaedic Association Residents' Conference. Newport Beach, California.
29. Wang, A; **Weinstein, D**; Greenfield, L; Shin, L; Chamber R; Stewart, C; Hung, C; Diaz, F; Ellis, T. MRI Scan and Diabetic Foot Infections. Society of Magnetic Resonance Imaging, Washington DC, February 1990.
30. Miller, J; **Weinstein, D**; Fishman, L; Bird, C; Little, F; McComb, J. The Role of SPEC in the Postoperative Evaluation of Brain Tumors in Children. Radiological Society of North American Chicago, Illinois, November 1986.

### PUBLICATIONS

1. **Weinstein, D**; Ciccone, W; Buckler, M; Balthrop, P; Busey, T; Elias, J. Elbow Function Following Repair of the Distal Biceps Brachii Tendon with a Two Incision Approach. J Shoulder Elbow Surgery Jan-Feb: 17(1 suppl):82S-86S, 2008.
2. Ciccone, W; Busey, T; **Weinstein D**; Walden, D; Elias, J. Assessment of Pain Relief Provided by Interscalene Regional Block and Infusion Pump Following Arthroscopic Shoulder Surgery. Arthroscopy 24: 14-19, 2008.
3. Ciccone, W; **Weinstein, D**; Elias, J. Glenohumeral Chondrolysis Following Thermal Capsulorrhaphy: A Case Report. Orthopedics 30:158-160, 2007.
4. **Weinstein, D**; Ciccone, W; Bratton, D; Elias, J. Locking Plates Improve Torsional Resistance in the Stabilization of Three Part Proximal Humerus Fractures. J Shoulder Elbow Surgery, Vol. 15 (2): 239-243, March/April, 2006.
5. Ciccone, W; Bratton, D; **Weinstein, D**; Elias, J. Viscoelasticity and Temperature Variations Decrease Tension and Stiffness of Hamstring Tendon Grafts Following Anterior Cruciate Ligament Reconstruction. J Bone Joint Surgery Am 88:1071-8, 2006.
6. Elias, J; Bratton, D; **Weinstein, D**; Cosgarea, A. Comparing Two Estimations of a Quadriceps Force Distribution for Use During Patellofemoral Stimulation. J Biomech 39:865-872, 2006.
7. Ciccone, W; Bratton, D; **Weinstein, D**; Walden, D; Elias, J. Structural Properties of Lateral Collateral Ligament Reconstruction at the Fibular Head. Am J Sports Med 34:24-28, 2006.
8. Elias, J; Cech, J; **Weinstein, D**; Cosgarea, A. Reducing the Lateral Forces Acting on the Patella Does Not Consistently Decrease Patellar Femoral Pressures. Am J Sports Med 32:1202-1208, 2004.

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9. **Weinstein D**, Bucchieri JS, Pollock RG, Flatow EL, Bigliani LU; Arthroscopic Debridement of the Shoulder for Osteoarthritis, *Arthroscopy*. 2000 Jul-Aug; 16(5):471-6.
10. **Weinstein, D**; Walden, D; Buckler, M; Lewis D; O'Brien, T. Outcome Analysis of the Surgical Treatment of Distal Biceps Tendon Ruptures. *Ortho Trans J. Bone and Joint Surgery*, Vol. 22 (1): 48-9, 1998.
11. **Weinstein, D**; McCann, P; Mcilvene, S; Flatow, E; Bigliani, L; Surgical Treatment of Complete Acromioclavicular Dislocation. *Am J Sports Med*. Vol. 23(3):324-331, 1995.
12. **Weinstein, D**; Glasgow, M; Flatow, E; Bigliani, L; Glenohumeral Arthroplasty for Arthritis After Instability Surgery. *J Shoulder and Elbow Surgery*, Vol. 4(2):87-94, March/April 1995.
13. Kindsfader; K; Lowe, T; Lewellin, D; **Weinstein, D**; Akmajlan, J; Platelet 0 Calmodulin Levels in Adolescent Idiopathic Scoliosis: Predication of Curve Progression and Severity. *J. Bone and Joint Surgery*, 76A:1186-97, August 1994.
14. Higgs, G; **Weinstein, D**; Flatow, E; Evaluation and Treatment of Acute Anterior Glenohumeral Dislocation, *Sports Medicine and Arthroscopy Review*, 1:190-201, 1993.
15. **Weinstein, D**; Buccheri, J; Pollock, R; Flatow, E; Bigliani, L; Arthroscopic Debridement of the Shoulder for Osteoarthritis, *Arthroscopy* 9(3):336, 1993.
16. **Weinstein, D**; Wang, A; Chambers, R; Stewart, C; Evaluation of Magnetic Resonance Imaging in the Diagnosis of Osteomyelitis in Diabetic Foot Infections. *Foot and Ankle*, 14(1):18-22, January 1993.
17. Aaron, A; **Weinstein, D**; Thickman, D; Eilert, R; Comparison of Orthoroentgenograms and Computed Tomography in the Assessment of Limb Length. *J Bone and Joint Surgery*. 74-A897-901, July 1992
18. Garland, D; Steward, C; Adkins, R; Hu, S; Rosen, c; Liotta, F; **Weinstein, D**. Osteoporosis after Spinal Cord Injury. *Journal of Orthopaedic Research*, Vol 1 0(3):372-378, 1992.
19. Garland, D; **Weinstein, D**; Stewart C; Adkins, R; Hu, S; Comparison of Bone Mineral Content in Normal and Chronic Spinal Cord Injured Patients. *Orthopaedic Transactions: J Bone and Joint Surgery*, Vol. 15:15, 1991.
20. Garland, D; Stewart C; Adkins R; Rosen, C; Hu, S; **Weinstein, D**; Liotta, F; Hung, G; Osteoporosis Following Complete Spinal Cord Injury. *Clinical Nuclear Medicine*, Vol 15:768, October 1990.
21. Wang, A; **Weinstein, D**; Greenfield, L; Shin, L; Chambers, R; Stewart, C; Hung, C; Diaz, E; Ellis, T; MRI Scan and Diabetic Foot Infections. *Magnetic Resonance Imaging*, Vol. 8(60):805-809, November 1990.
22. **Weinstein, D**; Miller, J; Aberrations in Cerebral Hemispheric Perfusion in Children with Posterior Fossa Malignancies. *Clinical Research*, Vol 34, No.1, 1986.